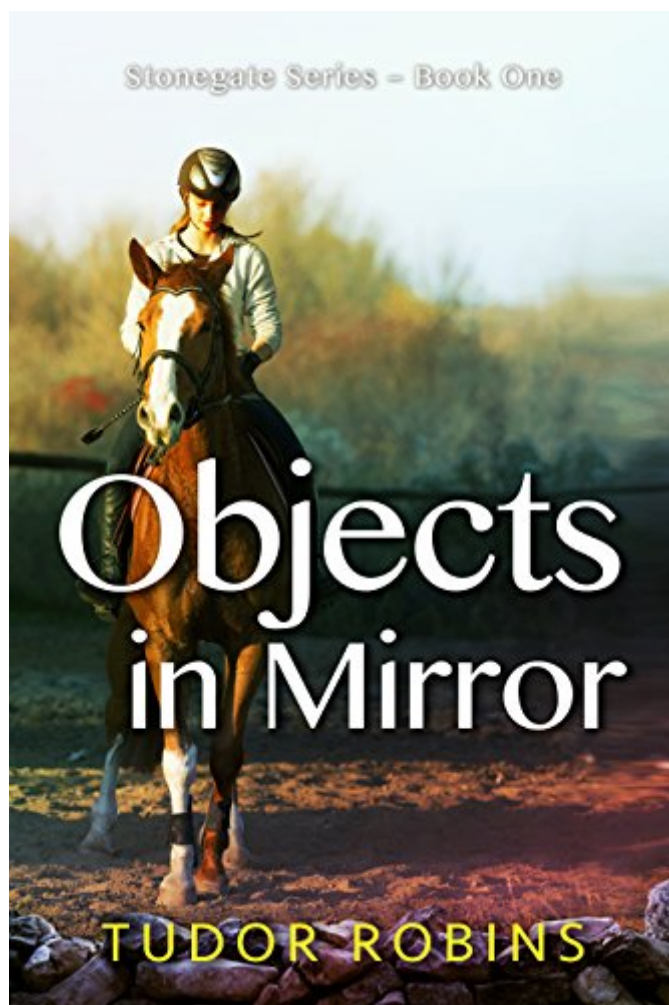


The book was found

Objects In Mirror (Stonegate Series Book 1)



Synopsis

Starving, starving â | Grace is always starving these days. But Grace is also strong, and determined, and skinny. For the first time ever Grace is as thin as she wants to be â “ nearly â “ and thereâ™s no way sheâ™s giving that up. Except, what if she has to give up other things to be able to keep wearing her new â œskinnyâ • breeches? What if it comes down to a choice between all the horses she loves â “ Sprite, the ferocious jumper, and Iowa, the sweet greenie, and Whinny, the abused but tough mare â “ and the numbers on the scale, the numbers on food labels, the numbers always running through her head? Grace knows what her stepmother, Annabelle, wants her to decide. She knows what Matt â “ gorgeous, amazing Matt â “ wants her to do. She knows what the doctors think. But she also knows nobody else can make this decision for her. And sometimes sheâ™s not even sure if sheâ™s got the strength to do it. There is danger in living with anorexia, and there is also hope. *Objects in Mirror* is a truthful exploration of these extremes and of the struggles that lie between them.

Book Information

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Customer Reviews

I never had or knew anyone who did what Grace did. The book told me a lot about this problem. The love of Matt helping her respect herself and how they relate to her love of horses. I enjoyed the book so much that I finished reading at 1:00 am and sat and read it again that evening again. I am retired, and I did not feel that it is a teen book. I think that is a great book for any one to read who knows someone with this problem. Maybe it might help them both understand and the person they are willing to help them heal.

Great book. Glad it was re-released by author!

Everyone with whom I've spoken has enjoyed this book. It is appealing to all age groups and is a clean read for young audiences.

Sometimes objects in the mirror are nothing but a distorted version of the truth. This book is one of those books that you just want to give to everyone because it opens a window to what it is like living with an eating disorder. Not only do you get to read what it feels like to have the disorder, but how the illness affects everyone, family, friends and yes... in this case, horses. Grace is in a constant battle with herself. She knows she has to eat, but when she can go without food, she feels as if she is in control of her life. She has a counsellor from hell, Dr Kellor who sees the disorder but not the patient. As does her absent father, who cares so much that he wants to send her to a specialist boarding school for those with anorexia, but doesn't seem to want to spend any time with his daughter at all. He hasn't seen her for so long that he doesn't even know her and yet, he feels it is his right to decide what is best for her life. Neither her father or Dr Kellor understand how important horses are to Grace, but thankfully, her step-mother and Matt, a colleague, does. And unlike the paid professional, Matt knows just what buttons to push. There is a scene in this book where Matt does something so utterly fantastic that it transforms the way Grace looks at herself, hopefully forever. It is a scene that will stay with me for a very long time. I won't give away spoilers, but please...read this book!!! I loved this book, and I think it can do a lot of good to those struggling with an eating disorder and for those who want to understand it. There is plenty of equestrian action too and a charmingly sweet romance. I Highly Recommend. I received a copy of this book from the author for review consideration.

This book was another great read! Grace is a normal teenager like everyone else, just with one major problem: anorexia. We follow Grace on a roller coaster that is her disorder. Tudor Robins

makes you understand the thought processes that these individuals go through and the struggles they face every day. Grace's eyes are opened when some very special horses come to her barn that need extra loving care. This book is a great example how horses and the kind acts of friends and family can make a difference in someone's life. This book is extremely well written and the character development is spot on. Thank you Tudor for another great book!

A well-written, accurate portrayal of an eating disorder in an equestrian environment. Real and relatable, with likeable characters and a gripping plot. Highly recommend.

Very inexpensive in comparison to other options on the market Delivered promptly. Good quality and service. amazing how well it worked the only brand to buy Just as described!! Five Stars

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